




COA MONTH AT A GLANCE MAY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
	1 9:45-1:30 Outing, short stroll, lunch and chat 10-1 Bridge 1-3 Indoor Bowls 2-4 Knitting Group	2 11 Coffee Club, Yiddish class, Line Dancing, Exercise 12:45–2:00 Master Magician - \$3 p/p James Karp 2:00 - 3:00 French / Tai Chi	3 11-12 Exercise 11 Computer Classes (bookings essential) 6 - 7 Pilates (bookings essential)	4 10-1 Bridge playing \ Instruction for beginners	6
7 10:00–2:00 Group Activities (see pg 2 <i>Diversional Therapist Corner</i>) 10:30 –11:00 Jewish History Shiur 11:00 –11:45 Torah Shiur 12:00 BBQ for Lag Ba’Omer	8 9:45-1:30 Outing, short stroll, lunch and chat 10-1 Bridge 1-3 Indoor Bowls 2-4 Knitting Group	9 11 Coffee Club, Yiddish class, Line Dancing, Exercise 12:30–1:30 Story Teller Pam Stein 2:00 - 3:00 French / Tai Chi	10 11-12 Exercise 11 Computer Classes (bookings essential) 6 - 7 Pilates (bookings essential)	11 10-1 Bridge playing \ Instruction for beginners	13 Social Sunday 1:30-4:00 Chess Club 1:00 - 4:00 MOVIE in Honor of Mother’s Day “Please Don’t Eat the Daisies” <i>Doris Day & David Niven Comedy and musical. 112 mins</i>
14 10:00–2:00 Group Activities (see pg 2 <i>Diversional Therapist Corner</i>) 10:30 –11:00 Jewish History Shiur 11:00 –11:45 Torah Shiur 1:00–2:00 Bingo and Bagels	15 9:45-1:30 Outing, short stroll, lunch and chat 10-1 Bridge 1-3 Indoor Bowls 2-4 Knitting Group	16 11 Coffee Club, Yiddish class, Line Dancing, Exercise 12:30–2:00 MOVIE: Mama Mia with Ice Cream 2:00 - 3:00 French / Tai Chi	17 11-12 Exercise 11 Computer Classes (bookings essential) 6 - 7 Pilates (bookings essential)	18 10-1 Bridge playing \ Instruction for beginners	20
21 10:00–2:00 Group Activities (see pg 2 <i>Diversional Therapist Corner</i>) 10:30 –11:00 Jewish History Shiur 11:00 –11:45 Torah Shiur 1:00–2:00 Local Area, Part 2 Kimberley O’Sullivan	22 9:45-1:30 Outing, short stroll, lunch and chat 10-1 Bridge 1-3 Indoor Bowls 2-4 Knitting Group	23 11 Coffee Club, Yiddish class, Line Dancing, Exercise 12:30- 2:00 Latin Guitar with Rodrigo Gibson 2:00 - 3:00 French / Tai Chi	24 11-12 Exercise 11 Computer Classes (bookings essential) 6 - 7 Pilates (bookings essential)	25 10-1 Bridge playing \ Instruction for beginners	27 COA CLOSED YOMTOV SHAVUOT
28 COA CLOSED YOM TOV SHAVUOT	29 9:45-1:30 Outing, short stroll, lunch and chat 10-1 Bridge 2-4 Knitting Group	30 11 Coffee Club, Yiddish class, Line Dancing, Exercise 1:00 Birthday Party - \$3 p/person with VIVA the Band 2:00 - 3:00 French / Tai Chi	31 11-12 Exercise 11 Computer Classes (bookings essential) 6 - 7 Pilates (bookings essential)		

COA MONTH AT A GLANCE JUNE 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
				1 10-1 Bridge playing \ Instruction for beginners	3
4 10:00–2:00 Group Activities (see pg 2 <i>Diversional Therapist Corner</i>) 10:30 –11:00 Jewish History Shiur 11:00 –11:45 Torah Shiur 12:30 BBQ Lunch	5 9:45-1:30 Outing, short stroll, lunch and chat 10-1 Bridge 1-3 Indoor Bowls 2-4 Knitting Group	6 11 Coffee Club, Yiddish, Line Dancing, Exercise 12:30 Musical Memories Live music. \$3 per person 2:00 - 3:00 French / Tai Chi	7 11-12 Exercise 11 Computer Classes (bookings essential) 6 - 7 Pilates (bookings essential)	8 10-1 Bridge playing \ Instruction for beginners	10 Social Sunday 1:30-4:00 Chess Club 1:00 - 4:00 MOVIE “Midnight in Paris” Owen Wilson, Directed by Woody Allen. 94 minutes. Comedy, fantasy, romance
11 Queens Birthday 10:00–2:00 Group Activities (see pg 2 <i>Diversional Therapist Corner</i>) 10:30 –11:00 Jewish History Shiur 11:00 –11:45 Torah Shiur 1:00–2:00 English High Tea	12 9:45-1:30 Outing, short stroll, lunch and chat 10-1 Bridge 1-3 Indoor Bowls 2-4 Knitting Group	13 11 Coffee Club, Yiddish, Line Dancing, Exercise 12:30 Gypsy & Hebrew Songs with Alex Parkmen 2:00 - 3:00 French / Tai Chi	14 11-12 Exercise 11 Computer Classes (bookings essential) 6 - 7 Pilates (bookings essential)	15 10-1 Bridge playing \ Instruction for beginners	17
18 10:00–2:00 Group Activities (see pg 2 <i>Diversional Therapist Corner</i>) 10:30 –11:00 Jewish History Shiur 11:00 –11:45 Torah Shiur 1:00–2:00 Manfred Perlstein in Concert	19 9:45-1:30 Outing, short stroll, lunch and chat 10-1 Bridge 1-3 Indoor Bowls 2-4 Knitting Group	20 11 Coffee Club, Yiddish, Line Dancing, Exercise 12:30 Yiddishe Music With The Singing Treatts 2:00 - 3:00 French / Tai Chi	21 11-12 Exercise 11 Computer Classes (bookings essential) 6 - 7 Pilates (bookings essential)	22 10-1 Bridge playing \ Instruction for beginners	24 Social Sunday 1:30-4:00 Chess Club 1:00 - 4:00 MOVIE “Shall We Dance” Richard Gere, Susan Sarandon Romance, drama and comedy. 106 minutes
25 10:00–2:00 Group Activities (see pg 2 <i>Diversional Therapist Corner</i>) 10:30 –11:00 Jewish History Shiur 11:00 –11:45 Torah Shiur 1:00–2:00 Accordionist Miri and Sing Along	26 9:45-1:30 Outing, short stroll, lunch and chat 10-1 Bridge 1-3 Indoor Bowls 2-4 Knitting Group	27 11 Coffee Club, Yiddish, Line Dancing, Exercise 12:30 Virtuoso Violinist With Nikolai Dyamin \$3 p/person 2:00 - 3:00 French / Tai Chi	28 11-12 Exercise 11 Computer Classes (bookings essential) 6 - 7 Pilates (bookings essential)	29 10-1 Bridge playing \ Instruction for beginners	